



Instructions for completing the Health Questionnaire



In order to return to school in a hybrid way to EIS, we will have to fill out a questionnaire about the health of our children, every day that we have to bring them to school.

There are two ways to do it, from the computer and from the App. We will explain both ways below, but first we want to show you the questions you will answer:

SECTION 1: Symptoms ^

If your child has/you have any of the following symptoms, that indicates a possible illness that may put them/you at risk for spreading illness to others. Please check your child/yourself for these symptoms:

Temperature 100.4 degrees Fahrenheit (38 degrees Celsius) or higher when taken by mouth	<input type="radio"/> Yes <input type="radio"/> No
Sore Throat	<input type="radio"/> Yes <input type="radio"/> No
New uncontrolled cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, a change in their cough from baseline)	<input type="radio"/> Yes <input type="radio"/> No
Diarrhea, vomiting, or abdominal pain	<input type="radio"/> Yes <input type="radio"/> No
New onset of severe headache, especially with a fever	<input type="radio"/> Yes <input type="radio"/> No

SECTION 2: Close Contact/Potential Exposure ^

Had close contact (within 6 feet of an infected person for at least 15 minutes) with a person with confirmed COVID-19	<input type="radio"/> Yes <input type="radio"/> No
Traveled to or lived in an area where the local, Tribal, territorial, or state health department is reporting large numbers of COVID-19 cases	<input type="radio"/> Yes <input type="radio"/> No
Live in areas of high community transmission while the school remains open	<input type="radio"/> Yes <input type="radio"/> No

SECCIÓN 1: Síntomas ^

Si su hijo tiene / tiene alguno de los siguientes síntomas, eso indica una posible enfermedad que puede ponerlo / usted en riesgo de transmitir la enfermedad a otros. Por favor revise a su hijo / a usted mismo para detectar estos síntomas:

Temperatura 100,4 grados Fahrenheit (38 grados Celsius) o más alta cuando se toma por vía oral	<input type="radio"/> si <input type="radio"/> No
Dolor de garganta	<input type="radio"/> si <input type="radio"/> No
Nueva tos incontrolada que causa dificultad para respirar (para los estudiantes con tos crónica alérgica / asmática, un cambio en su tos desde el inicio)	<input type="radio"/> si <input type="radio"/> No
Diarrea, vómitos o dolor abdominal	<input type="radio"/> si <input type="radio"/> No
Nueva aparición de dolor de cabeza intenso, especialmente con fiebre.	<input type="radio"/> si <input type="radio"/> No

SECCIÓN 2: Contacto cercano / exposición potencial ^

Tuvo contacto cercano (a menos de 6 pies de una persona infectada durante al menos 15 minutos) con una persona con COVID-19 confirmado	<input type="radio"/> si <input type="radio"/> No
Viajó o vivió en un área donde el departamento de salud local, tribal, territorial o estatal informa un gran número de casos de COVID-19	<input type="radio"/> si <input type="radio"/> No
Vivir en áreas de alta transmisión comunitaria mientras la escuela permanece abierta	<input type="radio"/> si <input type="radio"/> No

From the Computer

To register from our pc, we must go to the following link:

<https://plusportals.com/EIS>

Next, we must access with our credentials that is to say all our mail, including the at and what follows after the at, then we press the **Sign In** button, as seen in the following image.

The image shows a web portal interface. At the top, a blue banner contains the text "Connect To Learn" in large white letters. Below this is a grid of small images depicting various school activities. On the right side, there is a "Login" section. It includes a text input field with the email "correo@server.com", a password field with a red arrow pointing to it, a "Remember Me" checkbox, a "Can't access your account?" link, and a blue "Sign In" button highlighted with a red box. Below the login section are sections for "News" and "School Resources", both showing "No items have been posted." At the bottom left, there is an "Events" section with a "View All" button.

Immediately the health questionnaire will appear. We must make sure to answer all the questions so that the information is accurate, and press the Submit button. (see the first image on the next page) And with that we have finished filling out the health questionnaire, it is worth mentioning that as long as we do not submit the questionnaire, we will not be able to see the academic information of our children.

Health Questionnaire

The following questions are based on CDC guidelines to assist with limiting the spread of SARS-COVID-2 (COVID-19). This data is being collected by your school and will only be used by your school. For details regarding how this information will be used, please contact your school administrator.

Student:

SECTION 1: Symptoms

If your child has/you have any of the following symptoms, that indicates a possible illness that may put them/you at risk for spreading illness to others. Please check your child/yourself for these symptoms:

Temperature 100.4 degrees Fahrenheit (38 degrees Celsius) or higher when taken by mouth	<input type="radio"/> Yes <input checked="" type="radio"/> No
Sore Throat	<input type="radio"/> Yes <input checked="" type="radio"/> No
New uncontrolled cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, a change in their cough from baseline)	<input type="radio"/> Yes <input checked="" type="radio"/> No
Diarrhea, vomiting, or abdominal pain	<input type="radio"/> Yes <input checked="" type="radio"/> No
New onset of severe headache, especially with a fever	<input type="radio"/> Yes <input checked="" type="radio"/> No

SECTION 2: Close Contact/Potential Exposure

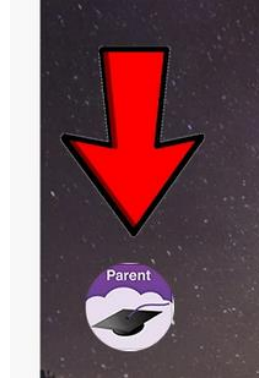
Had close contact (within 6 feet of an infected person for at least 15 minutes) with a person who has confirmed COVID-19	<input type="radio"/> Yes <input checked="" type="radio"/> No
Traveled to or lived in an area where the local, Tribal, territorial, or state health department has reported large numbers of COVID-19 cases	<input type="radio"/> Yes <input checked="" type="radio"/> No
Live in areas of high community transmission while the school remains open	<input type="radio"/> Yes <input checked="" type="radio"/> No



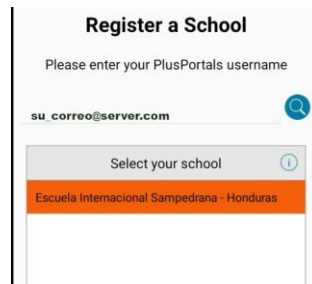

Submit

From The App

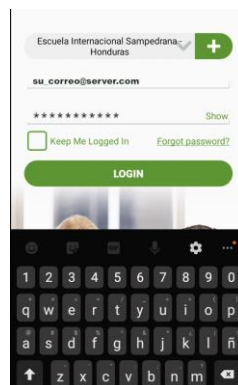
In order to complete the health form from our mobile device, we must have the ParentPlus application downloaded on our cell phone. (See image below)



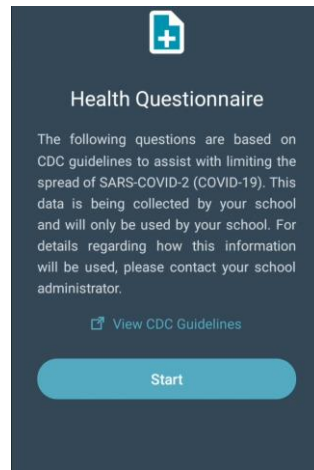
If this is the first time we enter the App, we will see this screen (image below) where we must register the email only once, and pressing the search button (in the form of a magnifying glass) will show us the name of our school, and will ask us for the password to enter.

A screenshot of the "Register a School" screen in the ParentPlus app. The title "Register a School" is at the top. Below it, the text "Please enter your PlusPortals username" is followed by a text input field containing "su_correo@server.com" and a blue magnifying glass search icon. Below the search field is a "Select your school" section with a dropdown menu showing "Escuela Internacional Sampedrana - Honduras" highlighted in orange. There is an information icon (i) to the right of the dropdown.

The following times that we enter the information will be and we will only have to enter the password, all this in the following image:

A screenshot of the login screen in the ParentPlus app. At the top, "Escuela Internacional Sampedrana - Honduras" is displayed with a green plus icon. Below is a text input field with "su_correo@server.com". A password field with "*****" and a "Show" link is next. There is a "Keep Me Logged In" checkbox and a "Forgot password?" link. A green "LOGIN" button is at the bottom. A keyboard is visible at the bottom of the screen.

Then it will give us the welcome message to the health questionnaire and we must press the Start button.



As we can see in the last image, the questions of the questionnaire will appear, which we must fill in completely, and when we finish, press the send button, which we point out with an arrow in the image. And with this we will have finished filling out the health form from our app.

